

# **The Vietnam Challenge**

## **Mountain Climb & Orphanage Project**

**Discover the unique cultural diversity and magnificent rugged scenery of northern Vietnam on this thirteen-day challenge. Scale the heights of Vietnam's tallest peak and encounter colourful hill tribes before returning to Hanoi, the leafy capital with its tree-lined boulevards and colonial villas, where you will spend four days improving the facilities for children at an orphanage.**

**Different Challenge**

# The Challenge

## Day 1

Fly to Hanoi.

## Day 2

Arrive in the capital, the rapidly-developing Hanoi, and receive a briefing about the project and the Mt Fansipan trek. Take time to see the city's many lakes, parks and shady boulevards, which give the city the feel of a French provincial capital! Learn about the fascinating cultural heritage, and visit some of the many pagodas and temples.

## Day 3

Enjoy Hanoi's sights before taking the overnight train to the hill town of Sapa.

## Days 4 to 7

Spend three days climbing the amazing Mt. Fansipan, as well as exploring Sapa. On the evening of day seven, we return to Hanoi by train.

## Days 8 to 11

Commence project work at the orphanage including the painting of a library, building shelves and cabinets, making cushions, painting educational murals and developing English educational resources.

## Day 12

Finish the project and return to Hanoi.

## Day 13

Return flight to the UK.



# The Project

The Binh Luc Orphanage is located 70km from Hanoi and is a home for 43 children, many of whom are from impoverished rural families. Many of these families are unable to feed, clothe or educate their children and they end up being abandoned. With limited assistance from the local government, the orphanage relies heavily on donations and sponsorship – which most importantly have led to the creation of a nutrition programme, funding a diet rich in protein, vegetables and fruits. This programme is monitored with tri-monthly height, weight and measurement checks. It is hoped that in the future enough money will be raised to provide additional tuition to supplement their schooling and help some, if not all, the children gain admission to university.

Please note that details of all our projects may change to reflect the most pressing needs identified by the project's leaders at the time.

## Trip dates

Saturday 18  
April –  
Friday 1  
May 2009

## Costs

### Minimum Sponsorship:

£300 participation fee

£2,400 minimum sponsorship

### Self-funding:

£300 deposit

£1,400 balance

### At a Glance



11 nights



London /  
Hanoi



11x Breakfasts,  
7x Lunches,  
7x Dinners



28°C



20°C



First Aid trained  
local staff



Challenging



10 to 20