

# **The Inca Trail Challenge**

## **Inca Trail Trek & School Project**

**Discover what the Spanish Conquistadors could not – the lost city of Machu Picchu nestled in the magnificent Andes Mountains. Trek through mountain passes, remote unspoiled villages and jaw-dropping scenery. Ride on one of the world's highest trains and help a local school with much-needed repairs and improvements.**

**Different Challenge**

# The Challenge

## Day 1

Fly to Lima.

## Day 2

Fly to Cuzco and the Sacred Valley of the Incas.

## Days 3 to 5

Spend three days assisting on a range of projects at the San Luis Gonzales School. This time is also beneficial in acclimatising your body to the altitude before embarking on the trek.

## Days 6 to 9

Embark on a truly memorable trek along the Inca Trail. Although at times arduous, the combination of stunning scenery and Incan ruins compensates any hardships encountered along the way! On the morning of Day 9 you arrive at the Sun Gate at dawn and watch as the sun rises to reveal the entire ruined city spread before you – a magnificent sight.

## Day 10

Another morning to explore Machu Picchu or take a well-earned dip in the thermal waters of Aguas Calientes before heading back to Cusco by train this afternoon.

## Day 11

Fly to Lima, spend the rest of the day exploring the city, and fly to London this evening.



# The Project

The San Luis Gonzales School near Cusco is a co-educational facility serving children through primary and secondary education. In the morning there are lessons for 550 primary students. In the afternoon 270 secondary school students are taught there. The school is regarded as being one of the poorest schools in a region well known for the poverty of educational facilities and infrastructure. In particular, the school lacks basic amenities and leisure facilities and the ability to support sporting activities. The students lack an area for recreational use and an area such a gymnasium for sports training. Furthermore, 50% of the classrooms lack electricity, lighting and heating. Many windows are broken, meaning that children are often educated in temperatures well below freezing.

We will work closely with the local committee to improve facilities as well as spending time with the children.

Please note that details of all our projects may change to reflect the most pressing needs identified by the project's leaders at the time.

## Trip dates

Saturday 6 June –  
Wednesday 17  
June 2009

## Costs

### Minimum Sponsorship:

£300 participation fee

£2,700 minimum sponsorship

### Self-funding:

Deposit £300

Balance £1,700

### At a Glance



10 nights



London /  
Lima



10x Breakfasts,  
3x Lunches,  
4x Dinners



June 18° C



June 0° C



First Aid trained  
local staff



Challenging



10 to 25